

# Something I Like to Do Alone

## **Introducing the Topic:**

Our Sharing Circle topic today is, “Something I Like to Do Alone.” Although most of us enjoy doing things with other people, there are some things we prefer to do alone. What is such a thing for you? Maybe you like to read or take walks alone. Perhaps you like to listen to music or study on your own. Sometimes it is fun to think or daydream in solitude. You might like to draw, write, or even dance alone. Some people love to sing, but wouldn’t utter a note if other people were around. Think of one thing that you like to do alone and tell us how you feel when you are doing it. The topic is, “Something I Like to Do Alone.”

## **Discussion Questions:**

1. What are the advantages of doing some things alone?
2. How would some of the experiences we shared be different if they were done with others?

## **Life Skill Areas:**

Self-Esteem, Self-Awareness

# Something I Like to Do With Other People

## Introducing the Topic:

Today's topic is, "Something I Like to Do With Other People." It's fun to do things with other people. Most games require two or more people, as do many sports, such as football, baseball, even tennis. Think of something you like to do with other people. It might be shopping or talking on the phone. Perhaps you like big family picnics or holiday dinners. Or maybe you enjoy having lunch with friends. Do you have more fun at amusement parks when you are with a group? Think of one thing you like to do with other people and tell us about it. The topic is, "Something I Like to Do With Other People."

## Discussion Questions:

1. What do we gain by experiencing events and activities with other people?
2. What happens when a group gets too large for a particular activity? What are the effects of having too few people?

## Life Skill Areas:

Self-Awareness, Relationship, Communication